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| M 000 | Initial Comments<br><br>The State Agency (SA) determined during an annual recertification/licensure survey, conducted from 11/29/2021 through 12/2/2021, that the facility was not in compliance with the Minimum Standards of Operation for Institutions for the Aged or Infirm and cited M610 and M805. The facility's census at the time of the survey was 53 with a bed capacity of 60. | M 000 | | |
| M 610 | 45.21.2 Activities of daily living<br><br>Activities of daily living. Each resident shall receive assistance as needed with activities of daily living to maintain the highest practicable well being. These shall include, but not be limited to:<br><br>1. Bath, dressing and grooming;<br><br>2. Transfer and ambulate;<br><br>3. Good nutrition, personal and oral hygiene; and<br><br>4. Toileting.<br><br>This Statute is not met as evidenced by:<br>Based on observation, staff and resident interview, record review and facility policy review the facility failed to provide nail care for a resident who was dependent for her Activities of Daily Living (ADLs) as evidenced by a brown substance on top of and underneath all fingernails for one (1) of eight (8) residents observed for ADL care. Resident #26<br><br>Findings include:<br><br>Review of the facilities policy titled, "Shower-Tub Bath Policy" dated 04/2017 revealed "Policy It is the policy of this facility to promote cleanliness | M 610 | 1. On 12/01/21, the Infection Control Perventionist assessed resident # 26 for nail care needs. On 12/01/21, the Infection Control Nurse trimmed and filed Resident # 26 fingernails.<br><br>2. On 12/01/21, the Director of Nurses, Charge Nurse, Treatment Nurse, and the Infection Control Preventionsit completed an assessment of all Fifty-one (51) remaining residents for long jagged nails and any substance underneath the nails. No other residents were identified that required nail care. | 1/14/22 |

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| M 610 | Continued From page 1<br>and comfort, to relax the resident, to stimulate circulation, and to observe the condition of the resident's skin ... Procedure ... 8. Wash hands properly."<br><br>Review of the facilities policy titled, "Care of Fingernails for the Certified Nursing Assistant" dated 5/2019 revealed "Policy: It is the purpose of this procedure to provide appropriate care according to current standards of practice. Care of fingernails will be provided by the Certified Nursing Assistant for all no-Diabetic residents ...Procedure: ... 4. Place the basin of warm water on the over -bed table. 5. Ask the resident to soak their hands in the basin 3-5 minutes. 6. Leaving one hand in the water, wash and rinse the resident's other hand. Dry the hand and place it on a dry towel. 7. Clean under the nails with the orange wood stick. 8 ... Repeat with the other hand and 10. Trim the resident's nails using the nail clipper. Clip nails straight across. Shape and remove any rough edges using an emery board or nail file."<br><br>An observation on 11/29/21 at 11:45 AM, revealed Resident # 26's fingernails were covered in a brown substance both on top of the nails and underneath the nails.<br><br>An interview on 12/1/21 at 8:27 AM, with Licensed Practical Nurse (LPN) # 3 revealed that residents get a bath or whirlpool bath every day. LPN # 3 revealed that the residents get foot and nail care along with their baths unless they are diabetic and then the nurse does the nail and foot care.<br><br>An interview on 12/1/21 at 8:30 AM, with Certified Nurse Assistant (CNA) # 1 revealed that residents get a bath every day with nail care. | M 610 | 3. On 12/02/21, the Infection Control Preventionist did a one: one in-service (education) program with the Certified Nursing Assistant assigned to Whirlpool on providing nail care for Residents focusing on substances underneath the nails, and ensuring nails are not jagged. On 12/02/21 -12/10/21, the Infection Control Preventionist did an in-service (education) program with all direct care staff on providing nail care for Residents focusing on substances underneath the nails and ensuring nails are not jagged. On 12/06/21, the Quality Assurance Performance Improvement Committee reviewed the “Nail Care” policy with no recommended change to the procedure.<br><br>4. Starting 12/03/21, the Infection Control Preventionist or Director of Nursing will assess three (3) residents per day, three (3) days a week for five (5) weeks for long jagged nails or any substance underneath the nails. After (5) five weeks, the Infection Control Preventionist or Director of Nurses will continue to monitor monthly (Beginning 1/10/22) to ensure nail care is provided per policy and procedure. On 12/29/21, the results of the monitoring will be taken to the Quality Assurance Committee X’s (3) three months (including 12/29/21) to evaluate the process and effectiveness and make changes as found necessary to ensure substantial compliance. | |

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| M 610 | Continued From page 2 | M 610 | | |

CNA # 1 revealed that the residents get a whirlpool bath three (3) days per week and on the other days they get a bed bath. CNA # 1 revealed that nail care is also done as needed.

An observation and interview on 12/1/21 at 8:32 AM, revealed Resident #26 had a thick brown substance under her fingernails. Her fingernails were long and two of the fingernails had jagged edges. Resident # 26 stated, "I want them cut but not to the bone. I scratch so I need some nails."

An observation and interview on 12/1/21 at 8:37 AM, with Registered Nurse (RN) # 1, the Infection Control Nurse confirmed that Resident # 26's fingernails had dirt under them and they were jagged.

An interview on 12/1/21 at 8:40 AM, with the Director of Nurses (DON) revealed that nail care should be done on whirlpool days and as needed, but if they are a diabetic then the nurse must do the trimming. The DON revealed that every shift there should be cleaning up and providing nail care as needed. The DON revealed that according to documentation the resident had not refused any care since 11/18/21. The DON revealed that it is the facility policy to provide nail care as needed and on whirlpool days.

An interview on 12/1/21 at 8:53 AM, with CNA # 2 revealed that Resident # 26 received a whirlpool bath on 11/18/21, 11/22/21, and 11/29/21. CNA # 2 revealed that Resident # 26 gets a whirlpool bath on Mondays and Thursday and gets a bed bath on the other days and she has no documentation of refusals of bath or nail care by Resident # 26. She reported that the CNA that completes the whirlpool bath initials beside the resident's name indicating they completed the

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| M 610 | Continued From page 3 | M 610 | | |

bath and if the resident refuses, then the CNA will write refused beside the resident's name.

Review of the facility bath schedule documentation titled "Monday/Thursday Baths **DO BEFORE LUNCH** Nail care must be done with each bath" revealed that Resident # 26 received a whirlpool bath on Mondays and Thursdays. Resident # 26's name was listed on the Monday/Thursday Bath schedule documentation with a CNA's initials beside her name. CNA # 2 had signed and dated the document that Resident # 26 had received a whirlpool bath on 11/18/21, 11/22/21 and 11/29/21.

Review of the facilities in-service conducted by the DON on 9/21/21 revealed TITLED AND DETAILED CONTENT OF INSERVICE: Nail care: See policy, Care of fingernails will be provided by the CNA for all non-diabetic residents. Report to the nurse any redness, irritation, broken skin, or loose skin or swelling. Nurse will perform cut and trim nails of diabetics."

Record review of the CNA care guide for Resident # 26 revealed that the resident was to receive total assistance with ADL's.

Record review of Resident # 26's "Admission Record" revealed she was admitted to the facility on 7/8/21 with diagnoses of Hemiplegia and Hemiparesis following Cerebral Infarction affecting left non-dominant side, Aphasia, Essential (primary) Hypertension, Gout, Hyperlipidemia, Hypoxemia, and Unspecified Dementia without behavioral disturbances.

Record review of the Minimum Data Set (MDS) for Resident #26, with an Assessment Reference

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| M 610 | Continued From page 4<br>Date (ARD) of 10/7/21, Section C had a Brief Interview for Mental Status (BIMS) score of 03, which indicated that the resident had severe cognitive impairment.<br><br>Level II<br><br>Based on observation, staff and resident interview, record review and facility policy review the facility failed to provide nail care for a resident who was dependent for her Activities of Daily Living (ADLs) as evidenced by a brown substance on top of and underneath all fingernails for one (1) of eight (8) residents observed for ADL care. Resident #26<br><br>Findings include:<br><br>Review of the facilities policy titled, "Shower-Tub Bath Policy" dated 04/2017 revealed "Policy It is | M 610 | | |

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| M 610 | Continued From page 5 | M 610 | | |

the policy of this facility to promote cleanliness and comfort, to relax the resident, to stimulate circulation, and to observe the condition of the resident's skin ... Procedure ... 8. Wash hands properly."

Review of the facilities policy titled, "Care of Fingernails for the Certified Nursing Assistant" dated 5/2019 revealed "Policy: It is the purpose of this procedure to provide appropriate care according to current standards of practice. Care of fingernails will be provided by the Certified Nursing Assistant for all no-Diabetic residents ...Procedure: ... 4. Place the basin of warm water on the over -bed table. 5. Ask the resident to soak their hands in the basin 3-5 minutes. 6. Leaving one hand in the water, wash and rinse the resident's other hand. Dry the hand and place it on a dry towel. 7. Clean under the nails with the orange wood stick. 8 ... Repeat with the other hand and 10. Trim the resident's nails using the nail clipper. Clip nails straight across. Shape and remove any rough edges using an emery board or nail file."

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| M 610 | Continued From page 6 | M 610 | | |

residents get a bath every day with nail care. CNA # 1 revealed that the residents get a whirlpool bath three (3) days per week and on the other days they get a bed bath. CNA # 1 revealed that nail care is also done as needed.

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| M 610 | Continued From page 7 | M 610 | | |

resident's name indicating they completed the bath and if the resident refuses, then the CNA will write refused beside the resident's name.

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Record review of the Minimum Data Set (MDS)

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| M 610 | Continued From page 8<br>for Resident #26, with an Assessment Reference Date (ARD) of 10/7/21, Section C had a Brief Interview for Mental Status (BIMS) score of 03, which indicated that the resident had severe cognitive impairment. | M 610 | | |
| M 805 | 45.28 FOOD SERVICES: GENERAL<br><br>FOOD SERVICES: GENERAL<br><br>This Statute is not met as evidenced by:<br>Level II<br><br>Based on observation, staff interviews, and facility policy review, the facility failed to prevent the potential of a food borne illness as evidenced by food open and used after the expiration date and food stored with an open lid and past the use by date on one (1) of three (3) kitchen tours.<br><br>Findings include:<br><br>The facility policy titled, "Storage of Refrigerated Food" with a revised date of 10/17 revealed POLICY: The facility ensures the quality and safety and sanitation of refrigerated foods through accepted storage practices. PROCEDURE: ... 4. Food taken out of original containers is put in a clean sanitized container with a tight-fitting lid. No food is left uncovered. 5. All opened foods are labeled with common name of food, date stored and use-by date."<br><br>An observation on 11/29/21 at 10:20 AM, of the kitchen revealed in the walk-in refrigerator a half gallon container of buttermilk that was 3/4 (three-fourths) empty. The container had an expiration date of 11/4/21 and an opened date of 11/17/21. | M 805 | 1. On 11/29/21, the Head Cook immediately discarded the fruit cocktail. On 11/29/21, the Head Cook immediately discarded the buttermilk. On 11/29/21, the Head Cook and Corporate Compliance officer inspected all items in the refrigerator to ensure compliance. No other items were found to be out of date.<br><br>2. On 12/3/21, the Director of Nurses reviewed diet orders and found 47 of the 53 residents receive an oral tray and have the potential to be affected.<br><br>3. On 12/1/21, the Registered Dietitian did an in-service (education) program with all Dietary staff on the Policies and Procedures of Food Storage, Labeling, and Dating. On 12/6/21, the Quality Assurance/Performance Improvement Committee reviewed and revised the Food Storage, labeling, and Dating Policy and Procedures to include the position (Head Cook or Cook aide) responsible for monitoring food storage areas. On 12/7/21, the Administrator did an in-service/ education with the dietary staff | 1/14/22 |

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| M 805 | Continued From page 9<br><br>An interview on 11/29/21 at 10:20 AM, with Dietary Staff #3 confirmed that the buttermilk had an expiration date of 11/4/21 and an opened date of 11/17/21 and was 3/4 empty. Dietary Staff #3 confirmed that the buttermilk could have been used in cooked recipes or served as a drink for all the residents. Dietary Staff #3 confirmed that serving this out-of-date buttermilk could have caused the residents to be sick.<br><br>An observation on 11/29/21 at 10:40 AM, of the 4-door refrigerator revealed a metal container with a plastic lid that had one corner opened. The metal container was 1/4 (one-fourth) full of fruit cocktail that had an opened and used by date of 11/8/21.<br><br>An interview on 11/29/21 at 10:42 AM, with Dietary Staff #1, Dietary Staff #2 and Dietary Staff #3 confirmed that the metal container had a plastic lid with one corner opened, it was 1/4 full of fruit cocktail and had an opened and used by date of 11/8/21. They also revealed that the fruit cocktail could have been served to all residents, including those on a pureed diet. Dietary Staff #2 and Dietary Staff #3 revealed that the facility policy was to discard anything opened in the refrigerator after seven (7) days and if it had been served to the residents after the 7 days in the refrigerator it could have made the residents sick.<br><br>An interview on 12/1/21 at 11:10 AM, with the Registered Dietician (RD) revealed that if buttermilk was used after the expiration date, then it could have made the residents sick. The RD revealed it is the facility policy to discard food when expired. The RD revealed that food stored in containers in the refrigerator must be covered with no loose lids and used within 7 days. | M 805 | on the policy changes.<br><br>4. The Head Cook or Cook Aide will perform a daily inspection of food storage and document their findings for five (5) weeks (Beginning 12/01/21). Starting 12/03/21, the Dietary Manager or Administrator will observe and monitor three (3) times a week for five (5) weeks. On 12/29/21, the monitoring results will be taken to the Quality Assurance Committee X's (3) three months (including 12/29/21) to evaluate the process and effectiveness and make changes as found necessary to ensure substantial compliance. | |

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| M 805 | Continued From page 10<br><br>Record review of an in-service dated 1/6/2021, titled "Food Handling and Storage" revealed the in-service was attended by Dietary Staff #1, #2 and #3. The in-service content included, "Went over food handling and storage, to date items when you open, then open date. Make sure all containers have a date on them always first in and last out..." | M 805 | | |